BASIC CONCEPT OF RELIABLE PERSONALITY



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Psychological Science and Pracrice: State of the Art

This article describes the main provisions of the author's conception of reliable personality. The essence of the concept is that reliability is regarded as a condition of human interaction with the world, on the one hand, as a condition of subjectivity and identity, on the other. In this context, reliability is interpreted as the ratio of the two-pole setup, which, on one side facing the world, and on the other - in himself. Thus, there are two relatively distinct types of reliability: reliability in the other and reliability in you as a value in its own sovereign entity activity. The level of confidence in itself is always associated with a level of confidence to the other, so that these two types of reliability are only relatively independent value, and there is never one without the other.

In this case, credibility appears fundamental to the full mastery of them, is part of the ability to predict the outcome of their life, determine the adequacy of the critical positions in relation to itself, is an indication of the sincerity with oneself, and affects the choice of strategies to achieve compliance with internal personal meaning. In this context, the level of formation credibility is a condition of subjectivity of the individual.

Reliability exists as a personal or a social setting, as attitudes, as attitudinal relation to others and to him/herself. Interaction (harmonious - disharmonious) between personal and social aspects of reliability, emotional, evaluative and behavioral components determines the quality, differentiation of reliability. Thus, an important condition for the occurrence of a certain quality of reliability - is the degree (or measure) of its harmonic components (attitudinal, cognitive, behavioral).

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Reliability in others is seen as a special case of reliability in the world. Every act of communication is always a certain amount of, or a measure of reliability, without which communication becomes an act of impersonal communication. Going beyond the "best measure" of confidence both in relation to themselves and to others, leads to negative consequences in communication. Genuine personal harmony is the ability to feel this measure and at the same time be open as the world, to yourself, and to others.

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